

PE Overview

	Autumn	Spring	Summer
Year 1	Multi-Skills – Basics of PE Multi-Skills – ABC Throwing and Catching	Multi Sports Games Unit 1 Football	Multi Sports Athletics/Sports Day
Year 2	Multi-Skills- ABC Invasion Games	Multi-Skills- ABC/Volleyball Dance	Striking and Fielding Athletics
Year 3	Netball Tag Rugby Invasion Games Basketball	Volleyball/Dance	Striking and Fielding Athletics
Year 4	Netball Tag Rugby	Volleyball Tag Rugby	Striking and Fielding Athletics
Year 5	Netball Tag Rugby Invasion Games Basketball	Volleyball Dance and Movement	Striking and Fielding Athletics
Year 6	Netball Tag Rugby Invasion Games Basketball	Volleyball Dance and Movement	Striking and Fielding Athletics

Gymnastics

Each Year Group has three teaching blocks of seven lessons focusing on Gymnastics

